This course invites you to learn about and experience the magical and playful realm of creating a caring and benevolent environment in education and in your personal life. The course includes theoretical models and practical tools for advancing the personal development of teaching staff and students and provides participants with tools how to change the social-emotional climate of educational institutions by relying on "contemplative education". Contemplative education promotes deep listening to the self and to others, connecting with a person's deep meaning of life and developing a sense of understanding and caring towards your own self and to others around you. Within the realm of caring participants will enter eight different gateways such as listening to yourself, seeing the other, nature and its magic, joy and playfulness and art, music and movement. These are gateways through which, one can readily summon a deep and meaningful experience of caring and enevelence. The course provides practical tools that do not necessarily require additional resources.